

Adopt a Family Wish List for Hampers

Household items/ Cleaning Supplies	Gift Items	Food Items	Gift cards
Laundry detergent Laundry basket Dish soap Dish rack Dish cloth Dish scrub brush or sponge Paper towels Toilet paper Garbage bags Tooth paste Tooth brush Bath towels Hand towels Body wash Body lotion Shampoo and conditioner Sanitary Items Cleaning supplies Razors Hand cream Disinfecting wipes Hand duster Cleaning cloth Broom and dustpan Mop Rubber gloves Toilet brush	Adult clothing (any size) Baby clothing (any size) Baby items (any size) Bathmat Bed sheet Belts Blanket Books Can opener Candle Clock Cooking spoon Cutlery Cutting board Dish set Drinking glasses Electric kettle Fashion Jewelry Food containers Gloves Hangers Hats Kettle Knife Lunch boxes Measuring cup and spoon Mirror Perfume Pillows Pot holders or oven mitts Purse Scarves Scissors Socks Sunglasses Thermos Tool box with the items Toys Wall hangers Wallet Watch Winter boots Winter jacket Winter pants	Cake Mix Canned Fruits Canned Tuna Canned Vegetables Cereal Cheese Spread Coffee Cookies Cooking Oil Crackers Flour Fruit Snacks Granola Bars Jam Juice 1L Juice Boxes (for school) Ketchup Macaroni & Cheese Oatmeal/ Porridge Pancake mix Pasta Pasta Sauce Peanut Butter Rice Salt Soup Spaghetti Sauce Sugar Tea	Walmart Superstore Amazon Winners Dollarama Canadian Tire Home Depot Costco