

## Adopt a Family Wish List for Hampers

### Calgary Immigrant Women's Association

| <b>Household items/<br/>Cleaning Supplies</b>   | <b>Gift Items</b>  | <b>Food Items</b>  | <b>Gift cards</b>  |
|---|--|--|--|
| Laundry detergent<br>Laundry basket<br>Dish soap<br>Dish rack<br>Dish cloth<br>Dish scrub brush or sponge<br>Paper towels<br>Toilet paper<br>Garbage bags<br>Tooth paste<br>Tooth brush<br>Bath towels<br>Hand towels<br>Body wash<br>Body lotion<br>Shampoo and conditioner<br>Sanitary Items<br>Cleaning supplies<br>Razors<br>Hand cream<br>Disinfecting wipes<br>Hand duster<br>Cleaning cloth<br>Broom and dustpan<br>Mop<br>Rubber gloves<br>Toilet brush | Adult clothing (any size)<br>Baby clothing (any size)<br>Baby items (any size)<br>Bathmat<br>Bed sheet<br>Belts<br>Blanket<br>Books<br>Can opener<br>Candle<br>Clock<br>Cooking spoon<br>Cutlery<br>Cutting board<br>Dish set<br>Drinking glasses<br>Electric kettle<br>Fashion Jewelry<br>Food containers<br>Gloves<br>Hangers<br>Hats<br>Kettle<br>Knife<br>Lunch boxes<br>Measuring cup and spoon<br>Mirror<br>Perfume<br>Pillows<br>Pot holders or oven mitts<br>Purse<br>Scarves<br>Scissors<br>Socks<br>Sunglasses<br>Thermos<br>Tool box with the items<br>Toys<br>Wall hangers<br>Wallet<br>Watch<br>Winter boots<br>Winter jacket<br>Winter pants | Cake Mix<br>Canned<br>Fruits<br>Canned<br>Tuna<br>Canned<br>Vegetables<br>Cereal<br>Cheese<br>Spread<br>Coffee<br>Cookies<br>Cooking Oil<br>Crackers<br>Flour<br>Fruit Snacks<br>Granola<br>Bars<br>Jam<br>Juice 1L<br>Juice Boxes<br>(for school)<br>Ketchup<br>Macaroni &<br>Cheese<br>Oatmeal/<br>Porridge<br>Pancake<br>mix<br>Pasta<br>Pasta<br>Sauce<br>Peanut<br>Butter<br>Rice<br>Salt<br>Soup<br>Spaghetti<br>Sauce<br>Sugar<br>Tea | Walmart<br>Superstore<br>Amazon<br>Winners<br>Dollarama<br>Canadian Tire<br>Home Depot<br>Costco |