## Sarwat Rizwan

Sarwat and her family moved to Calgary 14 months ago. Both she and her husband left their careers for a better life in Canada. She has two Bachelor Degrees and has worked as a Dental Surgeon, and has taught Anatomy to undergraduate students. Currently, she is preparing to take exams to re-enter the workforce as a Dentist. In her spare time she reads research articles, volunteers and spends time with her family, Google has become her new best friend.

She initially met with a CIWA staff member and was able to benefit from many services at CIWA. Sarwat completed the Labor Market Bridging for Volunteers – Translation and Interpretation Program. She has volunteered with Grandma's Kitchen, mentored seniors, supported LINC instructors, assisted with childcare for the SMILES Program, provided support to workshop and classroom and assisted with the Youth Forum. Currently, she helps with the Volunteer Program, provides support to the receptionists and is an assistant for Interpretation and Translation Orientation. She has also developed curriculum and helps teach medical terminology to interpreters in LMB Program. Through volunteering, Sarwat has felt more at home and has been able to establish connections and help others. Sarwat loves learning Canadian workplace culture and is continually learning. She enjoys being able to learn about community resources and connect people to them. She appreciates that CIWA is a place that is always welcoming, where she feels fully supported. She loves volunteering as an interpreter as she can give a voice to someone who is struggling with English.

CIWA staff chose Sarwat as VOTM due to her extraordinary volunteer spirit. She is highly professional and positive in her approach with clients and helps put clients at ease even in challenging circumstances. She is dedicated, hard-working and humble. She accepts any assignment regardless of the circumstances and is often available on short notice. She takes pride in everything she does and strives to improve herself. Her desire to learn and grow is exemplary in all that she does.

Congratulations Sarwat for being Volunteer of the Month for February!

## VOLUNTEER OF THE MONTH



