

Indira Cabrera

Indira Cabrera is originally from Venezuela, in 2004 she moved to Canada with her family. They lived in Fort McMurray before relocating to Calgary. In Venezuela, Indira earned a Bachelor degree in Sciences and trained as a Medical laboratory technologist. In Calgary, she received a Diploma in Fitness and Nutrition, and certification in Group Exercise Instructor and Fitness for Older Adults. She promotes healthy living and the benefits of social inclusion and personal. Her hobbies include jogging, teaching, reading and making new friends.

Indira has volunteered for CIWA since February 2017. In the past she has volunteered with Links to Success - Skills Enhancement and Internship for Young Syrian Refugee Mothers project as classroom support and a mentor. She currently volunteers as an on-call interpreter and with My Community My Home Program as a mentor to senior women.

Indira is passionate about equipping and encouraging people. She is zealous about helping others realize and achieve their potential. Indira believes people have a lot more to offer than they think, she delights in mentoring them on their journey of self-discovery. She appreciates being in a collaborative environment where everyone comes together for a united goal. Indira enjoys volunteering for CIWA because of the multi-cultural dynamics. She is a role model to others.

CIWA Staff are delighted to recognize Indira for her invaluable contributions to CIWA. She is very passionate and supportive when it comes to helping clients. Indira is very patient and stays faithful to her commitments. She is a great mentor and takes time to support clients who speak Spanish regularly. The ladies confidence has increased because of Indira; they are not scared to navigate the streets and get out of their comfort zones and give back to the community. Indira has been fantastic support in the group sessions as well as one on one mentoring.

Congratulations Indira for being Volunteer of the Month for April!

VOLUNTEER OF THE MONTH



CIWA
Calgary Immigrant Women's Association